

OUR SPIRIT AWARDS



Recognizing Those Who Exemplify the Flowers Spirit

Selected by their co-workers, **Flowers Spirit Award** recipients are honored for their leadership, teamwork, “can-do” attitude, and volunteerism. Since 2002, these awards have represented Flowers Foods’ highest employee honor.

In 2018, 30 team members were recognized for their special qualities by co-workers at bakeries and sales offices, and each received \$250 for their favorite charity. Among the 30 recipients, one was chosen to receive the **2018 L.S. Flowers Spirit Award** and an additional \$1,000 for their charity (see right). Congratulations to all those honored!

2018 L.S. Flowers Spirit Award Dakota Mixes It Up When It Comes to Volunteering

Dakota Rockford works at Dave’s Killer Bread in Milwaukie, Ore., and is the recipient of the 2018 L.S. Flowers Spirit Award, which recognizes the Flowers Spirit of caring, leadership, and integrity – both on the job and in the community.

Dakota is a production supervisor who has been with DKB for eight years. Although he is officially responsible for the mix room, Dakota consistently goes above and beyond the call of duty, helping every department with breaks. He’s the back-up to the safety manager, volunteering to provide safety and forklift training, and he mentors new hires.



After completing several American Institute of Baking (AIB) correspondence courses, Dakota is currently participating in the AIB Baking Science and Technology resident course, a 16-week program only a few Flowers team members attend annually.

A runner and cyclist, he participates in charity walks or races with the DKB team. In addition, he volunteers with the Milwaukie Elks Club’s Hoop Shoot program for children ages 7 to 12, which encourages sports and community activities, serving as a role model for making smart choices. He’s also involved with the children’s eye clinic at Oregon Health & Science University and with local drug awareness programs.

Dakota will be honored at Flowers Foods’ Annual Shareholders Meeting in Thomasville, Ga., on May 23.

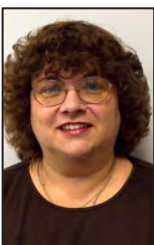
MEET OUR 2018 SPIRIT AWARD RECIPIENTS



Petronium Bailey
Production Operator

FB of Suwanee
Charity: DKB Foundation

Petronium motivates co-workers and is a problem-solver. He also volunteers for many church functions and supports its spiritual dance team.



Teresa Bass
Assistant HRBP
FBC of Lakeland

Charity: Alliance for Independence

A 38-year employee, Teresa considers the bakery part of her family. She volunteers in many capacities and is a friendly face in the HR department. She also volunteers in her church and community taking meals to the needy.

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Dakota was joined at the L.S. Flowers Spirit Award ceremony in Manhattan, Kan., by DKB team members (from left), Bart Gagnon, production superintendent; Teresa Gilmore, manufacturing manager; and Rob Clamp, general manager.

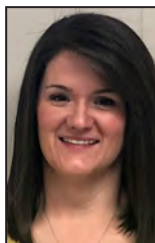


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Christie Blasé
Quality Manager
Holsum Bakery
Charity: Hospice of the Valley/Ryan's House

Christie goes above and beyond her responsibilities and has become a key team member in her department. She's an active volunteer at her church.



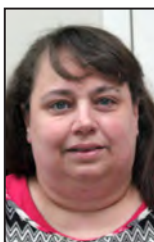
Melinda Boyd
Assistant HRBP
Franklin Baking Co.
Charity: Church Unlimited

Melinda is a mentor and a leader who always works to help others perform better. During and after Hurricane Florence in 2018, she organized a food drive to help bakery team members and the community.



Blake Butler
Regional Controller
FBC of San Antonio
Charity: Oakwood Baptist Church

Blake is a team player who is always willing to explain things like the P&L to others on the team. Outside of work, he is active in his church and leads the children's Awanas program.



Missy Caddell
HR Associate
FB of London
Charity: New Zion Baptist Church

Missy is a friend to all at the bakery. She stays calm in stressful situations, and is organized, honest, fair, and dependable. Away from the bakery, she is involved in church and volunteers in activities that help children.



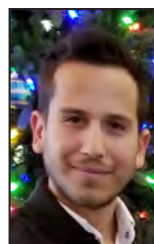
Marquis Chachere
Inventory Control Technician
FBC of Villa Rica
Charity: Salvation Army, Atlanta

Marquis has a kind and encouraging word for others at work. His great attitude and willingness to help others is apparent. Outside of work, he is part of a life group that coaches individuals and couples through adversity.



John Cook
Director of Health and Welfare Plans
Flowers Foods
Charity: First Baptist Church Build this House

John's helpful spirit makes him a go-to person for the HR Benefits group. Outside of work, John is involved in his church's youth group. When his church was a shelter during Hurricane Michael, he put in long hours, helping support about 250 people.



Arturo Corral
Shipping Supervisor
FBC of El Paso
Charity: St. Jude Children's Research Hospital

Arturo is a mentor, team player, and is dependable and has a positive attitude. He goes beyond the call of duty to help the team achieve its goals. Outside work, he advocates for charities that provide food and clothing to the homeless.



Michael Daggett
Receiving Clerk
Alpine Valley Bakery
Charity: DKB Foundation

Michael's can-do attitude is evident at work and in the community. He is a house manager for Good Life Recovery, helping men struggling with addiction get back on their feet, and serves on the board of the local Alano Club and plans retreats for those in recovery.



Monica Dantori-Dominguez
Quality Manager
FB of Montgomery
Charity: Brain & Behavior Research Foundation

Monica has risen through the ranks at the bakery because of her work ethic, attention to detail, and great attitude. She was recognized as a Supply Chain Champion in 2018. Away from work, she is active in her church.

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Leigh Ann Foley
MRP Control Operator
FBC of Houston
Charity: Today's Harbor for Children

Leigh Ann may be fairly new to the company, but she displays the Flowers Spirit in all that she does. Outside of work, she teaches Sunday school and vacation Bible school. She also volunteers for festivals and community outreach for her church.



Randy Fox
DE Operations Coordinator
FBC of Bradenton
Charity: AFSP 4 Blake

Randy brings positive energy and a personal touch to any project he works on. He has implemented several best practices improvements for his team. Outside of work, he is very involved in his church community and provides rides to children for Sunday school.



Barbara Fugate
Accounting Generalist
FBC of Bardstown
Charity: American Cancer Society

Barbara's work ethic means she never calls in sick and she's often the first to arrive and last to leave the office. Outside of work, she supports a local hospice organization, a battered women's shelter, and several charity fundraisers.



Lynn Hilton
Accounting Clerk
FBC of Tyler
Charity: Alzheimer's Association

Lynn – a 31-year employee of the Tyler bakery – takes initiative and comes to the aid of fellow employees who may be overwhelmed by a project. Her attention to detail is excellent, and outside of work, she plays the piano and leads a youth group at church.



Steven Holloway
Area Sales Director
FBC of Birmingham
Charity: St. Jude Children's Research Hospital

Steven is a positive example with the sales team and in his community. He teaches sign language to children at local churches, teaches Sunday school and vacation Bible school, dresses up for holidays and works with an outreach program for underprivileged children.



Allison Johnson
HR Associate
FBC of Opelika
Charity: Mountain Springs Baptist Church

Allison shows sincere caring and respect for the Opelika team. She encourages them and shows great integrity. Outside of work, she teaches Bible study and vacation Bible school classes.



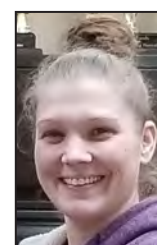
Elsa Kidane
Production Operator
FBC of Tucker
Charity: TKidisty Mariam Eritrean Orthodox Tewahdo Church, Atlanta

Elsa volunteers for her church's child care program and sells plates of food to church members for charitable causes. At work, she's always helpful, shows respect, and makes her coworkers feel cared for.



Annette Knight
Production Helper
FBC of Thomasville
Charity: American Cancer Society

Annette has been on the Thomasville team for 36 years, and she's been a positive role model for many over the years. She maintains a positive attitude and motivates others.



Laura Llobell
Vacation Relief
Derst Baking Co.
Charity: St. Jude Children's Research Hospital

Laura likes to learn processes and wants to advance in the bakery. She encourages others to do the same. In her free time, she knits or crochets blankets, hats, or soft animals for homeless shelters and children's hospitals and makes cheesecakes for local hospices.

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Jose Medina
Engineering Technician
FBC of Newton
 Charity: Toys for Tots

Jose's easy-going, pleasant attitude helps him bring out the positive in other team members and makes him a natural liaison between Engineering and other departments. Outside of work, Jose donates his carpentry skills to people in his community.



Quang Nguyen
Engineering Supervisor
FBC of New Orleans
 Charity: Lake Forest Charter School

Quang's upbeat, helpful attitude at work is also evident in the community. He maintains the grounds and does repairs for his church. He also organizes a New Year's festival and fall festival for the parish.



Terry Phillips
Checker/Loader
FBC of Lafayette
 Charity: DKB Foundation

Terry's zest for life is infectious. He's a motivator and standard bearer for his department. In the community, he pays it forward by hosting a Mother's Day bash and by providing meals to the less fortunate.



Joe Rivera
Maintenance Engineer
Leeland Baking Co.
 Charity: Wounded Warrior

Joe is a great asset to the Leeland team. Reliable, enthusiastic, and committed, he consistently follows through on every task he is given. Joe also is a role model for children in his neighborhood, mentoring them to help them through challenges.



Clinton Rouyea
ESS Manager
FBC of Baton Rouge
 Charity: St. Jude Children's Research Hospital

A 28-year employee, Clinton exhibits integrity and teamwork on the job, along with a positive attitude. After Hurricane Florence, he collected donations and drove them to the impacted area, where he also cooked hot meals for first responders and victims.



Steven Sanchez
Shipping Superintendent
FBC of Henderson
 Charity: Alzheimer's Association

Steven leads by example and displays an impressive work ethic. His job requires travel to Southern California warehouses and distribution centers where he is always willing to lend a hand. Steven volunteers with the community sports leagues.



Carlton Williams
Shipping Supervisor
FBC of Jamestown
 Charity: Macedonia Family Resource Center

Carlton always goes the extra mile to pitch-in. His positive attitude is infectious, and colleagues say he is helpful and friendly. Carlton volunteers with his local YMCA's Little League sports and helps with practices, assisting children who might otherwise not have the opportunity.



David Wright
Sanitation Supervisor
Holsum Bakery of Tolleson
 Charity: Phoenix Children's Hospital

David is a great asset to the Tolleson team. He has a great attitude and is always willing to help. He shows a commitment to ensuring new employees receive the training they need to work safely. Outside of work, David purchases pizzas for the homeless. He also contributes to the Phoenix Children's Hospital.



Steven Young
Shipping Superintendent
FBC of Batesville
 Charity: Children's Oncology Group Foundation

Steven's team knows he cares about their well-being. He shows it by holding big department meetings so everyone can get to know each other and by smoking hams and turkeys for them for the holidays. Outside of work, he's active in his church and is a first responder for the local volunteer fire department.